



MASTER SCHEDULE 2026-2027



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
HIIT Workout 6:00 - 6:30 a.m. Room A Micahlyn Grist		HIIT Workout 6:00 - 6:30 a.m. Room A Micahlyn Grist	
Beginning (Ages 5-6) BALLET 4:15 - 5:00 p.m. Room B Amber Strickland	Predance 1 (Age 3) BALLET/TAP 4:15 - 5:00 p.m. Room B Amber Strickland	Beginning (Ages 5-6) TAP 4:15 - 5:00 p.m. Room B Amber Strickland	Predance 2 (Age 4) BALLET/TAP 4:15 - 5:00 p.m. Room B Amber Strickland
Advance (Ages 11-18) JAZZ 4:15 - 5:15 p.m. Room A Micahlyn Grist	Intermediate 1 (Ages 7-8) HIP- HOP 4:15 - 5:00 p.m. Room A Micahlyn Grist	Advance (Ages 11-18) TAP 4:15 - 5:00 p.m. Room A April Grist	Intermediate 1 (Ages 7-8) TAP 4:15 - 5:00 p.m. Room A April Grist
Beginning (Ages 5-6) JAZZ 5:00 - 5:45 p.m. Room B Amber Strickland	Intermediate 2 (Ages 9-10) BALLET 5:00 - 5:45 p.m. Room A April Grist	Advance (Ages 11-18) MODERN 5:00 - 6:00 p.m. Room A Micahlyn Grist	Intermediate 2 (Ages 9-10) TAP 5:00 - 5:45 p.m. Room B Amber Strickland
Advance (Ages 11-18) HIP- HOP 5:15 - 6:15 p.m. Room A Micahlyn Grist	Intermediate 1 (Ages 7-8) BALLET 5:00 - 5:45 p.m. Room B Amber Strickland	Advance (Ages 11-18) POINTE 6:00 - 7:00 p.m. Room A April Grist	Intermediate 1 (Ages 7-8) MODERN 5:00 - 5:45 p.m. Room A Micahlyn Grist
Advance (Ages 11-18) BALLET 6:15 - 7:15 p.m. Room A April Grist	Intermediate 1 (Ages 7-8) JAZZ 5:45 - 6:30 p.m. Room B Jana Sheffield	HIIT Workout 6:15 - 6:45 p.m. Room B Micahlyn Grist	Intermediate 2 (Ages 9-10) MODERN 5:45 - 6:30 p.m. Room A Micahlyn Grist
HIIT Workout 6:15 - 6:45 p.m. Room B Micahlyn Grist	Intermediate 2 (Ages 9-10) JAZZ 5:45 - 6:30 p.m. Room A Sydney Floyd	Competition Prep (Senior/Teen Team) (Audition Required) 7:00 - 7:45 p.m. Room A Micahlyn Grist	Competition Prep (Junior Team) (Audition Required) 6:30 - 7:15 p.m. Room A Micahlyn Grist
	Intermediate 2 (Ages 9-10) HIP-HOP 6:30 - 7:15 p.m. Room A Micahlyn Grist		