MASTER SCHEDULE 2026-2027

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
HIIT Workout 6:00 - 6:30 a.m. Room A Micahlyn Grist		**HIIT Workout** 6:00 - 6:30 a.m. Room A Micahlyn Grist	
Beginning (Ages 5-6) **BALLET** 4:15 - 5:00 p.m. Room B Amber Strickland	**Predance 1** (Age 3) **BALLET/TAP** 4:15 - 5:00 p.m. Room B Amber Strickland	**Beginning** (Ages 5-6) **TAP** 4:15 - 5:00 p.m. Room B Amber Strickland	**Predance 2** (Age 4) **BALLET/TAP** 4:15 - 5:00 p.m. Room B Amber Strickland
Advance (Ages 11-18) **JAZZ** 4:15 - 5:15 p.m. Room A Micahlyn Grist	**Intermediate 1** (Ages 7-8) **HIP- HOP** 4:15 - 5:00 p.m. Room A Micahlyn Grist	**Advance** (Ages 11-18) **TAP** 4:15 - 5:15 p.m. Room A April Grist	**Intermediate 1** (Ages 7-8) **TAP** 4:15 - 5:00 p.m. Room A April Grist
Beginning (Ages 5-6) **JAZZ** 5:00 - 5:45 p.m. Room B Amber Strickland	**Intermediate 2** (Ages 9-10) **BALLET** 5:00 - 5:45 p.m. Room A April Grist	**Advance** (Ages 11-18) **MODERN** 5:15 - 6:15 p.m. Room A Micahlyn Grist	**Intermediate 2** (Ages 9-10) **TAP** 5:00 - 5:45 p.m. Room B Amber Strickland
Advance (Ages 11-18) **HIP- HOP** 5:15 - 6:15 p.m. Room A Micahlyn Grist	**Intermediate 1** (Ages 7-8) **BALLET** 5:00 - 5:45 p.m. Room B Amber Strickland	**Advance** (Ages 11-18) **POINTE** 6:15 - 7:15 p.m. Room A April Grist	**Intermediate 1** (Ages 7-8) **MODERN** 5:00 - 5:45 p.m. Room A Micahlyn Grist
Advance (Ages 11-18) **BALLET** 6:15 - 7:15 p.m. Room A April Grist	**Intermediate 1** (Ages 7-8) **JAZZ** 5:45 - 6:30 p.m. Room B Jana Sheffield	**HIIT Workout** 6:15 - 6:45 p.m. Room B Micahlyn Grist	**Intermediate 2** (Ages 9-10) **MODERN** 5:45 - 6:30 p.m. Room A Micahlyn Grist
HIIT Workout 6:15 - 6:45 p.m. Room B Micahlyn Grist	**Intermediate 2** (Ages 9-10) **JAZZ** 5:45 - 6:30 p.m. Room A Sydney Floyd	**Competition Prep** (Senior Team) (Audition Required) 7:15 - 8:00 p.m. Room A Micahlyn Grist	**Competition Prep** (Junior Team) (Audition Required) 7:15 - 8:00 p.m. Room A Micahlyn Grist
	Intermediate 2 (Ages 9-10) **HIP-HOP** 6:30 - 7:15 p.m. Room A Micahlyn Grist		